# School Counselors

The Role of the PISD School Counselor

School counselors are certified/licensed educators who improve student success for ALL students by implementing a comprehensive school counseling program.

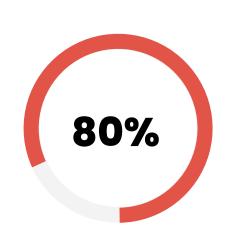
### School Counselors are...

Collaborative Comprehensive Accountable Consistent School counselors are dedicated professionals that help students meet their academic, career and social/emotional needs and goals. They reach ALL students, not drive initiatives for the school just those in need.

PISD's comprehensive school counseling program follows the <u>ASCA National Model</u> as well as the <u>Texas</u> <u>Model for Comprehensive School Counseling Programs</u>.

# What does a school counselor do all day?

# How counselors spend their time...



#### Direct Services

- → Goal Setting
- → Individual Counseling
- → Small Group Counseling
- → Classroom Lessons
- → Responsive Services
- → Appraisal, Advisement and CCMR Support ("see next slide)

#### Indirect Services

- → Teacher/Admin consultation
- → Collaboration
- → Referrals

#### Program Planning and School Support

- → Defining, Managing, Assessing Activities
- → Reviewing School Data
- → Developing Annual Student Outcome Goals
- → Creating Classroom and Group Action Plans
- → Fair Share Responsibilities

20%

### EVERY DAY IS DIFFERENT

# What is Appraisal, Advisement and CCMR Support?

#### Course Selections

Identify appropriate students for advanced academic opportunities

#### Academic Strenaths

Assess strengths and weaknesses and establish goals

## At-Risk Support Monitor students and meet with parents

and teachers



#### Endorsement Selection

Four-year planning, graduation requirements

#### CCMR Activities

Provide access to college fairs, career days, college visits, career exploration

#### College Assistance

FAFSAVTASFA completion, scholarships, college acceptance, military enlistment

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### More about Direct Services

Instruction/Guidance curriculum is provided to <u>ALL</u> students in a large group or classroom setting.

Elementary Requirements	Secondary Requirements
Orientation to Counseling Program	
Bullying/Cyberbullying Prevention/Harassment	
Violence Prevention/Conflict Resolution	
College, Career & Military Readiness (CCMR)	
Suicide Prevention/Mental Health & Safety	
Drug Education Prevention	
All classes receive 2-4 supporting lessons reflective of a needs assessment designed by the school counselor	All classes receive 1-3 supporting lessons reflective of a needs assessment designed by the school counselor

# Small group counseling

School Counselors facilitate small group counseling to address and enhance social skills and special topics such as academic success, grief/loss, family changes etc.

School Counselors utilize a referral system for requesting counseling services. Students may refer themselves or be referred by a parent, teacher, administrator or peer.

# individual counseling

School Counselors offer short-term individual counseling sessions geared to help students use effective problem-solving strategies and express feelings and concerns.

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# Just a few more things...

## School Counselors also consult with teachers by...

- → Working towards a goal for both teachers and students
- → Collaborating and communicating effectively
- → Keeping students' issues confidential but discuss with teachers/admin with appropriate

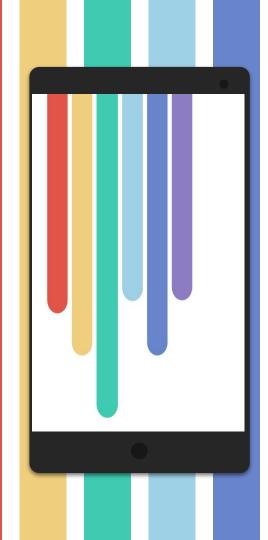
# Consulting With Teachers

#### Examples of consultations are...

- → Individual student performance
- → Student well-being
- → Student safety concerns
- → Behavioral management
- → Academic placement

### Procedures for Counseling Emergencies & Requests

- Determine if situation is an emergency by using the "3 Hurts"
  - ◆ Student is considering hurting him/herself
    ◆ Student is considering hurting someone else
    ◆ Student is being hurt by someone else
- → If it IS AN EMERGENCY, keep student with you & notify the counselor immediately by doing one of the following:
  - ◆ Calling the counselor
  - · Calling admin
  - Escorting the student to the counseling office (stay with student until you talk to a counselor there)
- → If it is NOT AN EMERGENCY, follow your campus procedure for students requesting to see a counselor



# Thank You!

Plano ISD Guidance and Counseling Department